

# *Local Authors' 'Tea & Talk' a Delightful Read*

by Sara Mitchell

Tea and Talk with Friends, a recently published book by local authors Amy Pierson and Julie Stephens, is a beautifully crafted combination of prose, poetry, and photographs.

Although the primary subject of the book is not the San Juans, Lake City is the foundation on which the authors friendship was built.

Photographs and mentions of Lake City abound throughout. The book also features quotations from well known authors and poets such as Ralph Waldo Emerson as well as prayers and biblical verses. The back of book also features several recipes, which

beg to be tried.

Written to celebrate friendships, nature, and even life's hardships, the book inspires a "live life the fullest" attitude as well as one of enjoying each and every moment and appreciating the relationships that surround us.

Stephens writes, "To me all

we really have in life besides this moment in time are our relationships and our memories." Each page of the book compels us to read the next.

At just under 100 pages, and full of photographs, Tea and Talk with Friends is a wonderful afternoon read, although one could spend hours pouring over each line of poetry. It is incredible that so much deep thought can be transcribed into so few words. Anyone with a love and appreciation for the essence of the San Juans and for relationships of all kinds will enjoy the heartwarming stories told by both women.

Both authors are celebrated writers. Pierson has had poetry published in "The International Who's Who in Poetry." She also enjoys quilting and watercolor painting. Stephens is also the author of Reflections in the San Juan Mountains, a book filled with photographs, quotations, and stories about life in the San Juan Mountains. Both Tea and Talk with Friends and Reflections in the San Juan Mountains can be found on local bookstores' shelves or at [handsbestrong.com](http://handsbestrong.com).

